

BETTER PRACTICING

I. THE PRACTICING EQUATION

PRACTICE = Growth, Discovery, Good Feelings

THE PRACTICE REALITY: Practice is necessary.

II. SETTING THE STAGE

- A. Establish the habit first. Gradually increase time and complexity.
- B. Remove obstacles through preparation. Comfortable chair, sharpened pencils, create a "practice space."
- C. Importance of mood. Delight and enthusiasm are contagious.
- D. Tools and Aids.

PRIMARY: The teacher's notebook. Instructions in the teacher's hand often carry more weight than parent's memory.

SECONDARY: Charts, calendars, stickers, lottery games, etc.
(Rotate for variety.)

III. PRACTICE HYGIENE

- Work on one thing at a time.
- Vary material and sequence.
- Segment sessions to maintain interest.
- Start with a framework but encourage spontaneity.
- Include creativity and free work.
- Know when to overlook and move on.

